

European Spa

THE NO.1 MAGAZINE FOR SPA AND WELLNESS

Issue 52 | June/July 2016 | www.europeanspamagazine.com

Super-lifting serum

Biologique Recherche's Sérum Matriciel Visage is a targeted serum to improve tone and cutaneous tension while reducing the signs of ageing.

This triple action product is formulated with peony root extract, which evens the complexion; casva glucan biopolymer lifts and reduces wrinkles; and forapeptide-11 improves skin firmness and appearance.

Firming and lifting, the serum combats the atrophy of adipose and muscle tissues leaving the skin looking taut and youthful.

www.biologique-recherche.com



MADE IN MOROCCO

Healing hammam rituals at Mandarin Oriental, Marrakech

GARDENS OF DELIGHT

Designers discuss the creation of stunning outdoor spaces

APPETITE FOR LIFE

How digestive health has fed growth at Grayshott Spa, UK

EXPERT GUIDE: NAILS

We help you make the most of manicures and pedicures